



SADDLE HILLS UPCOMING EVENTS

SADDLE HILLS ULTRA - OCT. 4

The Saddle Hills Ultra Run starts and finishes at the beautiful Spring Lake Ski Hill, in Saddle Hills County, on **October 4, 2025**. The 20km loop follows scenic equestrian trails and challenges runners with over 200m of elevation gain, per lap! Rolling through the foothills, this rugged and rewarding course is not to be missed. Participants can choose from 20km, 40km or 60km distances, with both solo or relay team options available. To register, visit raceroster.com/events/2025/107167/saddle-hills-ultra

HOME ROUTES FT. ASHLEY GHOSTKEEPER - OCT. 4

Head down to the Cotillion Hall, on **October 4, 2025**, at 7:30 p.m., for another Home Routes Concert, featuring Métis-Cree singer songwriter, Ashley Ghostkeeper. Get your tickets now, at www.homeroutes.ca

BONANZA CHRISTMAS MARKET - OCT. 18

Start your Christmas shopping early, at the Bonanza Christmas Market, on **October 18, 2025**, from 10 a.m. to 4 p.m., at the Bonanza Community Hall. Hosted by the Bonanza and District Agricultural Society and the Bay Tree Market on 49, browse wares from local vendors and artisans in lots of time for the holiday season. For more information, contact Kate Turner at (780) 500-7344.

FOREVER YOUNG FITNESS - OCT. 20 - DEC. 10

Head down to Centennial Hall, in Spirit River, on **Mondays and Wednesdays**, from 10 to 11 a.m., for Forever Young Fitness, a group exercise class designed with you in mind! This twice weekly event is geared towards those not currently exercising, seniors at risk of fall, and patients living with chronic diseases like hypertension, obesity, and diabetes. The program will take place over 8 weeks, beginning October 20, 2025, and ending December 10, 2025. Patients of the Central Peace Health Center can enroll by contacting the clinic directly, before October 6, 2025. Non-patients should visit www.borealispcn.ca/exercise for further details.

FARM THE GROUND UP WORKSHOP - OCT. 22

Saddle Hills County and the Savanna Ag Society are hosting Farm The Ground Up, a Soil Health Workshop, at the Savanna Rec. Plex, on **October 22, 2025**, from 9 a.m. - 4 p.m., with Kris Nichols, Ph.D. from the Food Water Wellness Foundation. Participants will learn about soil biology and microbial activity, create a farm plan to regenerate soil, and examine a soil pit. The workshop is free and lunch will be provided! Interested participants should register at saddlehills.ab.ca/Soil-Health

AG DRONE SCHOOL - OCT. 27-28

Join Saddle Hills County for Ag Drone School, a two day hands-on workshop, hosted by LandView Drones! The course will be held at the Fourth Creek Hall, on **October 27 and 28, 2025**, from 9 a.m. - 4:30 p.m. In Ag Drone School you will learn about safe flight, real farm use-cases, mapping basics and as well as receiving a Basic Certificate from Transport Canada. The cost to attend is \$590. For more information, visit saddlehills.ab.ca/Ag-Drone-School

FITNESS 4 LIFE - TUES. & THURS.

Help your children develop healthier habits with the after school Fitness 4 Life program. Fitness 4 Life is a free, games-based physical activity program that helps kids to improve self-confidence and body image, teaches them how to work together as a team, enforces the importance of winning and losing, and expands their movement vocabulary to help develop athleticism. Sessions will take place on the following weekdays:

- **Tuesday: Rycroft School | 3:40-4:30 p.m.**
- **Thursday: Centennial Hall, Spirit River | 3:30 - 4:20 p.m.**

To register your children, email info@j4performance.net.

ONLINE COMMUNITY EVENTS CALENDAR

To view upcoming County and community events, and submit your own events, head to our website at events.saddlehills.ab.ca or scan the QR code. For more information contact our Communications

