



PRESS RELEASE

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Saddle Hills County Welcomes New Nurse Practitioner

Saddle Hills County is pleased to announce that a Nurse Practitioner has been hired to fill in for Nurse Practitioner Palvi Sharma during her maternity leave. Courtney Sideroff joined the team on November 26, 2025.

Courtney brings many years of experience, including working in emergency rooms. She recently returned to school to become a Nurse Practitioner (NP), driven by her desire to make a stronger impact in rural healthcare through preventive care and chronic disease management.

Originally from Fairview, Courtney now lives in Saddle Hills County with her husband. She is passionate about rural living and enjoys spending time outdoors—whether gardening, hiking, quadding or working around the acreage.

Courtney looks forward to working collaboratively with residents, families, and local partners, and to contributing to a healthier Saddle Hills County.

“I am excited to be a part of increasing access to inclusive, compassionate, and comprehensive primary care services in the County. I practice person-centred care that respects every individual’s background and needs.” – Nurse Practitioner Courtney Sideroff

Council and staff look forward to welcoming Courtney to the team and continuing to provide the high-quality local healthcare Saddle Hills residents deserve.

Further information on the clinic’s reopening will be shared in the coming weeks. Thank you for your patience and understanding during this transition and we look forward to welcoming you back to the Saddle Hills County Health Clinic soon.



To stay up to date with clinic news, visit saddlehills.ab.ca/Saddle-Hills-Health-Clinic or follow us on Facebook or Instagram [@saddlehillshealthclinic](https://www.instagram.com/saddlehillshealthclinic).

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