

# SADDLE HILLS Saddle Hills UPCOMING EVENTS

#### BONANZA CHRISTMAS MARKET - OCT. 18

Start your Christmas shopping early, at the Bonanza Christmas Market, on October 18, 2025, from 10 a.m. to 4 p.m., at the Bonanza Community Hall. Hosted by the Bonanza and District Agricultural Society and the Bay Tree Market on 49, browse wares from local vendors and artisans in lots of time for the holiday season. For more information, contact Kate Turner at (780) 500-7344.

#### FOREVER YOUNG FITNESS - OCT. 20 - DEC. 10

Head down to Centennial Hall, in Spirit River, on Mondays and Wednesdays, from 10 to 11 a.m., for Forever Young Fitness, a group exercise class designed with you in mind! This twice weekly event is geared towards those not currently exercising, seniors at risk of fall, and patients living with chronic diseases like hypertension, obesity, and diabetes. The program will take place over 8 weeks, beginning October 20, 2025, and ending December 10, 2025. Patients of the Central Peace Health Center can enroll by contacting the clinc directly, before October 6, 2025. Non-patients should visit www.borealispcn.ca/exercise for further details.

#### FARM THE GROUND UP WORKSHOP - OCT. 22

Saddle Hills County and the Savanna Ag Society are hosting Farm The Ground Up, a Soil Health Workshop, at the Savanna Rec. Plex, on **October 22, 2025**, from 9 a.m. - 4 p.m., with Kris Nichols, Ph.D. from the Food Water Wellness Foundation. Participants will learn about soil biology and microbial activity, create a farm plan to regenerate soil, and examine a soil pit. The workshop is free and lunch will be provided! Interested participants should register at saddlehills.ab.ca/Soil-Health

#### **AG DRONE SCHOOL - OCT. 27-28**

Join Saddle Hills County for Ag Drone School, a two day hands-on workshop, hosted by LandView Drones! The course will be held at the Fourth Creek Hall, on October 27 and 28, 2025, from 9 a.m. - 4:30 p.m. In Ag Drone School you will learn about safe flight, real farm use-cases, mapping basics and as well as receiving a Basic Certificate from Transport Canada. The cost to attend is \$590. For more information, visit saddlehills.ab.ca/Ag-Drone-School

## 49TH ANNUAL CHRISTMAS CRAFT SHOW - NOV. 7-8

The Spirit River & District Agricultural Society is proud to host its 49th Annual Christmas Craft Show, on Friday, November 7, 2025 from 4 p.m. to 8 p.m., and **Saturday, November 8, 2025**, from 10 a.m. to 4 p.m., at the Spirit River Centennial Hall. Celebrate the season and get a head start on your holiday shopping with a wide variety of handmade crafts, unique gifts, festive décor, and delicious treats from local vendors. Whether you're looking for something special or just want to enjoy the holiday spirit, this community event has something for everyone. Head down and support local artisans while enjoying the warmth and magic of the season!

## FITNESS 4 LIFE - TUES. & THURS.

Help your children develop healthier habits with the after school Fitness 4 Life program. Fitness 4 Life is a free, games-based physical activity program that helps kids to improve selfconfidence and body image, teaches them how to work together as a team, enforces the importance of winning and losing, and expands their movement vocabulary to help develop athleticism. Sessions will take place on the following weekdays:

- Tuesday: Rycroft School | 3:40-4:30 p.m.
- Thursday: Centennial Hall, Spirit River | 3:30 4:20 p.m.

To register your children, email info@j4performance.net.

### **ONLINE COMMUNITY EVENTS CALENDAR**

To view upcoming County and community events, and submit your own events, head to our website at events.saddlehills.ab.ca or scan the QR code. For more information contact our Communications Coordinator at communications@saddlehills.ab.ca

