

# How to Access Alberta Supports Services

## Alberta Supports Services

Alberta Supports helps:

- Seniors
- People with disabilities
- Job seekers
- Parents
- Families

More than 30 programs and 120 services support Albertans needing help with:

- Income supports
- Seniors supports
- Childcare supports
- Disability supports
- Emergency supports
- Employment and training



Call the Alberta Supports Contact Centre at **1-877-644-9992**



Apply online at [alberta.ca/alberta-supports.aspx](https://alberta.ca/alberta-supports.aspx)

## Alberta Supports Centres

Alberta Supports Centres are reopening to in-person services on April 4, 2022.

Find contact information for local Alberta Supports Centres and AISH offices at:

[alberta.ca/alberta-supports.aspx](https://alberta.ca/alberta-supports.aspx) and <https://www.alberta.ca/contact-aish.aspx>.

## Apply easily for supports

It's easier than ever to apply for Income Support and AISH programs online and by phone:

**Apply for AISH online:**

[alberta.ca/aish-how-to-apply.aspx](https://alberta.ca/aish-how-to-apply.aspx)

**Apply for Income Support online:**

[alberta.ca/income-support-how-to-apply.aspx](https://alberta.ca/income-support-how-to-apply.aspx)

Apply for Income Support by phone:  
**1-877-644-9992**

Submit documentation and verification to support applications by:



**Email**



**Text**



**Fax**



**Drop-off boxes**  
(some locations)

The Income Support Contact Centre provides emergency benefits to eligible Albertans including assistance with food, medication, temporary shelter or basic emergency dental.



Call the Income Support Contact Centre 24 hours per day, seven days per week: **1-866-644-5135**